

# Coral

wellness & spa



Nautilus

# Welcome

**to the Coral Wellness & Spa**

**A place to reconnect, relax and recharge  
the body & mind**

*Health and wellbeing are essential in our everyday lives and the Coral Wellness & Spa, was designed to provide you a serene space for relaxation and wellbeing.*

*Indulge in a spectrum of luxurious treatments and amenities crafted to support you to fully unwind and destress. From soothing massages to revitalizing facials and body treatments, each experience is designed to elevate your sense of tranquility and renewal.*

*With the premium products from Ariadne Athens, renowned for their exceptional quality and efficacy, we ensure that every treatment pampers you with the finest quality ingredients.*

*Our exclusive treatments combine natural products and philosophies from the Cretan land and ancient Greece.*

*The Coral Spa features a relax area, several treatment and massage rooms, a heated indoor pool, a sauna\*, a steam bath\*, a hot tub\*, and a beauty salon.*

For more information and to book an appointment, please contact us  
via: [spa@nautiluxhotel.com](mailto:spa@nautiluxhotel.com) or +30 2831 701300  
Operating Hours: 10:30-19:00

*\*extra charges apply*

**Coral**  
wellness & spa

# BODY SCRUB

## SECRET PARADISE

30 min

50.00 €

*This gentle full-body polish smoothes the skin, using our fresh coconut pulp exfoliating scrub blended with emollient nourishing oils and vitamins. These powerful antioxidants are absorbed into the skin, helping to slow cellular aging. Afterwards, a sweet coconut body butter massage leaves the skin deeply hydrated.*

## CORAL ROSE PETALS

30 min

50.00 €

*Renew and nourish your skin with this unique mini treatment. The gentle exfoliation with petals from pink roses and olive kernels, combined with the refreshing red grape body gel full of natural antioxidants will detox and deeply moisturize your skin.*

# BODY MASK

## GREEK ISLANDS BODY WRAP

30 min

45.00 €

*Combining honey and red grapes, the gifts of greek nature, we promise to offer you a journey to the Greek islands. The rich Cretan body mask, containing a refreshing cocktail rich in organic honey, will contribute to the hydration, regeneration and tightening of the skin. The Red Grape body gel will lock in hydration while offering its antioxidant properties to the skin.*

## MULTI VITAMIN BODY WRAP

30 min

45.00 €

*The invigorating multi vitamin Corfu mask offers the skin antioxidants, vitamins and protection while nourishing the skin in depth. The coconut body butter that completes the treatment enhances the mask's effect leaving the skin soft and supple.*

# FACE TREATMENTS

## **RADIANT FACE**

30 min

60.00 €

*Luminous, radiant skin with an instant infusion of intense hydration and multiple anti-ageing benefits. Thoroughly cleansing enzymic peel gently removes dead skin cells from the surface, gradually revealing a silky-smooth appearance. Soft and delicate, naturally-scented Wild Rose oil replenishes the skin through a deeply nourishing facial massage, delivering essential elements that promote skin's vitality and youthfulness, offering a vividly radiant look.*

## **MELI-VITAL HYDRATION & NUTRITION**

60 min

90.00 €

*A highly rejuvenating and ultimately hydrating experience dedicated to the richness of local flavors and aromas, such as sage, honey and other nourishing elements that instantly restore your skin's hydration levels. Feel your skin soft and supple with an immediately healthy and radiant appearance. Allow yourself to experience the soothing effect of rosewater intertwining with the thirst-quenching aromas of lime, while your skin indulges in the unique moisturizing benefits of our precious honey mask. Soothing apricot oil envelops skin with anti-ageing benefits, while the final skincare routine ensures that the moisturizing aspects are maintained thereafter.*

## **CHRONOS-MEN'S AGELESS SKIN**

45 min

90.00 €

*An unprecedented facial empowered by the precious benefits of acorn flour, that helps repair and rejuvenate the skin, promoting its natural anti-ageing properties. Specifically designed to target dullness, dryness, wrinkles and sagging, this mask promises to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness. Enjoy a visibly younger looking appearance.*



# FACE TREATMENTS

## **IRIDA-SPARKLING EYES**

30 min

60.00 €

*Visibly revived look. Reveal your most radiant and luminous eyes with this exclusively designed eye treatment complimented with the power of Gua Sha crystals. A mild enzymatic peel with unique Chios Mastic, brightens dull and dehydrated skin, while the revitalizing massage with nourishing Evening Primrose oil, offers a natural, healthy glow. The eyes ritual, comprised of an innovative, highly-concentrated eye gel complemented by a proprietary blackcurrant peel-off mask, brightens dark circles, reduces puffiness and minimizes fine lines and wrinkles. Eye area is visibly hydrated, brightened, renewed and recharged. Your most youthful-looking skin is revealed.*

## **RHODON LUXURY ANTI-AGING FACE TREATMENT**

75 min

110.00 €

*The ultimate anti-ageing experience for your skin, empowered by precious gemstones for a totally glass skin effect. Specifically designed to target dullness, dryness, wrinkles and sagging, this treatment promises to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness. Serifos mask with a velvet feel, rich in Aquamarine and Moonstone extracts offers instant repair, elasticity and a fresh, renewed look. The mask that follows, rich in flavonoids and vitamin C, enhances microcirculation and protects the skin from free radicals. Rose Quartz Crystals contribute to the specially designed facial massage, focusing on minimizing fine lines and wrinkles, as the proprietary blend of evening primrose and Ylang-Ylang repairs and rejuvenates the skin, promoting an overall youthful appearance, with a visibly firmer, tighter and lifted look.*

# MASSAGE

## **PHUSIS AROMA MASSAGE**

30 min  
60 min

60.00 €  
110.00€

*Phusis-Greek nature has gifted us with natural elements such as herbs, seeds and spices that are rich in vitamins, antioxidants and soothing properties. A selection of oils featured by these herbs and seeds are designed to cover every individual need. Let us help you choose the ideal one for you and allow yourself to travel in the greek fields, on a summer's day. Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension. This harmonizing experience is a simple and effective way to let go of tensions, improve health, balance emotions, increase calmness and relaxation.*

## **GREEK TOUCH DEEP TISSUE**

70 min

130.00 €

*The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness. A series of intensive techniques is used to increase circulation, release built-up toxins, heal and restore balance to the body and nervous system. Warm Dittany crocus oil enhances muscle tension release, while deeply nourishes the skin. This innovative blend of pure ditanny oil and cretan crocus (saffron), infused in extra virgin olive oil, this powerful healing oil, rich in antioxidants, revitalizes and protects the skin.*

## **HOT STONE MASSAGE**

75 min

150.00 €

*Rejuvenate your senses and restore vitality with Hot Stones Massage. This unique treatment helps melt away tension, ease muscle stiffness and increase circulation and metabolism. Hot stones when coupled with massage, also help to expand blood vessels, which encourages blood flow throughout the body. Immerse yourself in an oasis of serenity as the warmth from the stones envelops your body, harmonizes the soul & the spirit.*

# MASSAGE

## **URBAN ESCAPE BACK & SHOULDERS TREATMENT**

40 min

90.00 €

*Delight yourself in a 40 min treatment that will allow your senses to escape from everyday routine. Feel your muscles release all the tension, while the luxurious chocolate & orange peel fragrance envelops your skin and exhilarates your mind. The brown sugar mocha scented crystals gently buff away dry skin cells, revealing a soft and smooth skin. The aromatic notes of real Chocolate & Orange peel oils that cover your skin, allow for the most supple and radiant look.*

## **LIGHT LEGS RELIEF MASSAGE**

40 min

70.00 €

*Refreshing notes of spearmint mingle with the velvet texture of sugar crystals to slowly stimulate the blood flow and offer a cooling sensation, as the body scrub smooths away dry, flaky skin. Potent red grape blends with local herbs in a rich in antioxidants, gel mask that nourishes and renews the skin. A pampering massage experience using the moisturizing properties of coconut oil to deeply hydrate. Finally a calming yogurt powder mixed with the gel mask offers ultimate comfort for tired legs.*

## **MELTING SENSATION CANDLE MASSAGE**

60 min

120.00 €

*Indulge your senses in a mystifying massage ritual that will entice your body and mind. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, releasing their intoxicating aromas. Feel the delicately scented warm drops touch your skin, and envelope your whole body in a velvet textured massage that will satisfy even the most demanding massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. A unique experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being.*

# SIGNATURE TREATMENTS

## LOVE STORY FOR COUPLES

75 min

240.00 €

*Spend time together and enjoy the truly unique experience of sharing time with your other half, as you both receive a pampering ritual perfect for couples. Take pleasure in a uniquely captivating experience of chocolate flavors, which combines the invigorating notes of mocha in a fine sugar crystal body scrub and an intoxicating, signature body mask with liquid chocolate extracts. Then, lay back and unwind while the warm coconut oil, will relax every single muscle. Feel the delicately scented warm oil touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most demanding massage recipient.*

## WINE FOR TWO FOR COUPLES

90 min

260.00 €

*Inspired by the vineyards of Greece, this exhilarating experience of relaxation and wellness, releases and calms, both body and mind. A lush deliverance of olive kernels, red grape and rose petals indulge the skin in a soft body scrub, while proprietary antioxidants and vitamins are comprised in the nutritious mask that follows. Sparkling notes of bergamot and a mask of sun-soothing yogurt and honey are applied to immerse the skin in a bath of freshness and hydration. An enveloping relaxing massage with warm coconut oil grants total relaxation, completing this ultimate sensation. The alluring ritual ends with a refreshing glass of wine that brings a euphoric feeling, while also stimulating your senses.*

## MINOAN PRINCESS FACE & BODY TREATMENT

120 min

210.00 €

*Let us make you feel like a real Prince or Princess. Indulge in the genuine earthy notes of Greece, luxuriate in the benefits of rare herbs, relax in the velvet textures that cover your skin, as each and every step of this treatment imbue your senses in a world of opulence. The treatment includes an exfoliation with olive and roses, followed by the application of a rich body mask, containing a refreshing cocktail rich in organic honey, which contributes to the hydration, regeneration and tightening of the skin. The relaxing head to toe massage with warm pouches that complements the treatment with aromas of clary sage, honey and rosemary, literally endows an experience designed for royals.*



# SIGNATURE TREATMENTS

## **ONE MILLION NIGHTS LUXURY VELVET SKIN BODY TREATMENT**

90 min

170.00 €

*A bundle of exotic flowers, in which Iris is the star, unfolds through this luxurious treatment. Let your body unwind while your senses travel in the most exotic garden, on a perfect summer night. One million body scrub gently exfoliates the skin, offering the softest feel, preparing the body for the exceptionally beneficial properties of our velvet, deeply nourishing "Serifos Precious Stones 24K Gold" Body Mask. The ritual continues with a specially designed massage technique, which combines Rose Quartz crystals on the face and a body massage using One million nights precious oil, followed by our luxurious body butter. This treatment aspires to offer your skin the most velvet feeling, with long lasting Iris flower aromas.*

# WELLNESS PACKAGES

## 2 days

- SECRET PARADISE BODY SCRUB & MELTING SENSATION CANDLE MASSAGE 90 min
- MELI-VITAL HYDRATION-NUTRITION & LIGHT LEGS RELIEF MASSAGE 100 min

## 4 days

- CORAL ROSE PETALS BODY SCRUB & IRIDA-SPARKLING EYES 60 min
- GREEK TOUCH DEEP TISSUE 70 min
- RHODON LUXURY ANTI-AGING FACE TREATMENT & LIGHT LEGS RELIEF MASSAGE 115 min
- MINOAN PRINCESS FACE & BODY TREATMENT 120 min
- ACCESS TO STEAM BATH & SAUNA 60 min

## honeymoon

### COUPLES

- LOVE STORY & RADIANT FACE MASSAGE 2x 105 min
- ACCESS TO STEAM BATH & SAUNA 60 min
- A BOTTLE OF WINE (white, red or rose) & A FRUIT SALAD

## anniversary

### COUPLES

- MINOAN PRINCESS FACE & BODY TREATMENT 2x 120 min
- ACCESS TO STEAM BATH & SAUNA 60 min
- A BOTTLE OF PROSECCO & A FRUIT SALAD

ORIGINAL  
PRICE

PACKAGE  
DISCOUNT  
-20%

330.00 €

264.00 €

630.00 €

504.00 €

385.00 €

308.00 €

420.00 €

336.00 €

# NAILS

## MINI MANICURE

40 min

40.00 €

*Shape, cuticle work and varnish of your choice.*

## SPA MANICURE

60 min

65.00 €

*A full manicure treatment including exfoliation, mask with cuticle work, a soothing hand massage followed by an application of nail varnish of your choice.*

## MINI PEDICURE

40 min

45.00 €

*Shape, cuticle work and varnish of your choice.*

## SPA PEDICURE

75 min

80.00 €

*A full pedicure treatment including a spa bath to soothe your tired feet, exfoliation, hard skin removal, mask with cuticle work and a relaxing foot massage followed by an application of nail varnish of your choice.*

## SHELLAC

30 min

25.00 €

40 min

45.00 €

*Add soft gel to any of the above manicure or pedicure treatments / just soft gel polish.*

## SOFT GEL REMOVAL

25 min

30.00 €

## FRENCH

25 min

25.00 €

# BEAUTY PRODUCTS

## SKIN REBIRTH

60.00 €

*Discover the transformative power of SkinRebirth – Miracle Skin Reinventing Gelfor smoother, firmer & visibly youngerskin. Trusted as our bestselling product for over a decade, it now features an innovative patented formula that combines cutting-edge technology with exceptional natural extracts.*



## ONE MILLION NIGHTS BODY BUTTERS

39.00 €

*Rich body butter that naturally moisturizes & scents skin. This deep moisturizing, but easily absorbed cream, helps restore skin's suppleness & softness. Combines the aromatic freshness of fine flowers & the tangy sweetness of iris.*



## FOAMJITO

35.00 €

*Deep cleansing and makeup removal foam for the face and eyes blends refreshing mint and lime to invigorate and tone the skin, offering a subtle cooling effect. Formulated with natural surfactants from sugar, it delivers a thorough yet gentle cleanse.*



## ONE MILLION NIGHTS BODY SCRUB

42.00 €

*Enjoy a head-to-toe luxurious experience with fine sugar crystals that gently refine the skin's texture. This delicate blend combines the aromatic freshness of fine flowers with the powdery sweetness of iris, empowering your spirit with confidence.*



## HYDRO-ELASTICITY SHIELD

55.00 €

*Experience ultimate comfort & protection with our luxurious, ultra-nourishing, moisturizing, & anti-pollution cream, expertly crafted for sensitive skin and enriched with the potent anti-aging benefits of rock rose.*



## ONE MILLION NIGHTS BODY MIST

32.00 €

*Fast-drying body mist with a refreshing floral musk fragrance that scents and invigorates the senses. Enriched with panthenol, it helps soothe dehydrated and thirsty skin while improving its softness and elasticity. With the signature fragrance of the One Million Nights series, delivering a unique luxurious experience.*





# BEAUTY PRODUCTS

## COCONUT BODY BUTTER

39.00 €

*Rich body butter that naturally moisturizes & scents the skin, evoking memories of a Greek summer. This deeply moisturizing yet easily absorbed cream helps restore the skin's suppleness & softness, with a delightful coconut scent.*



## MOCHA BODY SCRUB

42.00 €

*Fair-trade brown sugar crystals gently buff away dry skin cells while helping to prevent moisture loss. This revitalizing blend of cocoa and mocha extracts softly scents the skin & invigorates the senses.*



## COCONUT BODY SCRUB

42.00 €

*Head-to-toe luxurious experience with a touch of white petals and sugar crystals to gently refine the texture of the skin. Notes of seductive coconut leave an unexpectedly rich & alluring scent on the skin.*



## RHODES MEDITERRANEAN ROSE SCRUB

48.00 €

*Exfoliating scrub with rose petals from Rhodes that instantly brightens and regenerates the skin.*



## CHOCOLATE BODY BUTTER

39.00 €

*Rich body butter that naturally moisturizes & scents the skin, evoking sweet memories. This deeply moisturizing yet easily absorbed cream helps restore the skin's suppleness & softness, with a delectable chocolate & vanilla scent.*



## CRETAN QUEEN FACE MASK

48.00 €

*Hydrating & nourishing mask with fresh thyme honey from Crete.*



## KEA ICE TEA CRYO-LIFTEYE LFT MASK

42.00 €

*Refreshing eye care mask with polyphenols from acorn from Kea.*



# BEAUTY PRODUCTS

## MEDITERRANEAN BLUE SUNSCREEN SPF 30

45.00 €

*Moisturizing sun protection cream which provides protection against the harmful impact of UVA and UVB sun rays. Vegan-friendly formula enriched with botanical extracts and olive-based emulsifiers to nourish and moisturize in depth. Enriched with shea butter and aloe vera extract and vitamin E.*



## MEDITERRANEAN BLUE SUNSCREEN SPF 50

48.00 €

*Moisturizing sun protection cream which provides protection against the harmful impact of UVA and UVB sun rays. Vegan-friendly formula enriched with botanical extracts and olive-based emulsifiers to nourish and moisturize in depth. Enriched with hyaluronic acid, grape extract, vitamin C and E. Easily-absorbed without leaving any greasy residue, it promotes balanced hydration and a more youthful-looking, healthy complexion.*



## WATERMELON SORBET AFTER SUN LOTION

39.00 €

*Pamper your face and body with this lightweight and refreshing body lotion, especially after sun exposure. Watermelon and Red Grape hydrate, soothe and comfort the skin, while assuring a long-lasting tan.*



## SUN-DRECHED BODY TANNING OIL

44.00 €

*This silky and light weight tanning oil illuminates and nourishes leaving skin smooth and luminous with a subtle sun-kissed glow. Stimulates the tanning process, uniformly and naturally, encouraging a naturally bronzed look. This velvet all-natural formula is scented with airy, fresh and delicate aroma to evoke the smell of summer.*



# SPA INFORMATION

## **Preparation**

- *Please arrive 15 minutes prior to your appointment so that we may start your service on time. Before your treatment you will be asked to complete a medical history.*
- *We recommend you to wear a bathrobe and flippers that you will find in the room.*
- *All jewelry & watches must be taken off before the treatment. In case of something is lost the spa bears no responsibility.*

## **Treatment**

- *During the treatment, please inform the therapist if you are feeling comfortable and if the room temperature is to your liking.*
- *Please inform the therapist in case of injuries or muscles pain in certain parts of the body so that they can adjust the treatment according to your needs.*

## **Cancellation policy**

- *Please provide at least 24 hours' notice for cancellations or rescheduling. Late cancellations will be charged 50% of treatments scheduled. "No shows" will be charged 100% of treatments scheduled.*
- *In case of canceling a treatment in a package the treatments will be charged without the discount.*



Nautilux

